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MONDAY			
9:00-10:30 am	Wake Up & Flow	Mixed Levels	Jaime
10:00-11:30 am	Vinyasa Flow	Level 1/2	Sherry
12:00-1:00 pm	Lunchtime Flow	All Levels	Eliza
4:00-5:15 pm	Vinyasa Flow	Mixed Levels	Nicki
5:30-6:30 pm	Candlelight Soul Flow	All Levels	Robin
6:00-7:15 pm	Yoga Basics	Level 1	Noé
6:35-7:45 pm	★ Yang / Yin	All Levels	Angela A.
TUESDAY			
7:30-8:30 am	"Yoga & Beyond"	Mixed Levels	Angie W.
9:00-10:15 am	Yoga Basics (SmartFLOW)	Level 1	Rachael
10:00-11:30 am	Vinyasa Flow	Mixed Levels	Eliza
5:25-6:40 pm	Vinyasa Flow	Mixed Levels	Eliza
5:30-6:45 pm	Restorative Relax Deeply	All Levels	Rachael
7:00-8:00 pm	Yoga Basics	Level 1	Angela A.
WEDNESDAY			
9:00-10:30 am	Wake Up & Flow	Mixed Levels	Nichol
10:00-11:30 am	Vinyasa Flow	Level 1/2	Sherry
4:00-5:15 pm	Power Flow	Level 2	Rachael
5:30-6:30 pm	Yoga Basics for Stress Relief	Level 1	Robin
6:00-7:10 pm	★ Vinyasa Flow	Mixed Levels	Rachel P.
THURSDAY			
7:30-8:30 am	"Yoga & Beyond"	Mixed Levels	Angie W.
9:00-10:15 am	Wake Up & Flow	All Levels	Nichol
10:00-11:30 pm	Vinyasa Flow	Level 1/2	Mora
4:00-5:00 pm	Vinyasa Flow	Level 1/2	Nichol
5:30-6:45 pm	Vinyasa Flow	Mixed Levels	Mora
6:00-7:00 pm	★ Yin Yoga	All Levels	Lauren
FRIDAY			
9:00-10:15 am	Gentle Flow (SmartFLOW)	All Levels	Rachael
10:00-11:30 am	Vinyasa Flow	Level 1/2	Noe
11:00-12:15pm	Dharma Yoga	All Levels	*New class Raffi
4:00-5:00 pm	★ Ashtanga Improv	Mixed Levels	Jen
6:00-7:15 pm	Live Music Yoga / Flow & Yin	All Levels	Kimberly
*****	Ashley Wynn	Jan. 4th	
*****	Martin St. Pierre	Jan. 11th	
*****	George Henner	Jan. 18th	
*****	Tim Catching	Jan. 25th	Kim Meoli
SATURDAY			
8:30-10:00 am	Vinyasa Flow (SmartFLOW)	Mixed Levels	Rachael
9:00-9:50 am	"Log Off" Guided Meditation	All Levels	Wendy
10:00-11:25 am	Vinyasa Flow	All Levels	Eliza
10:15-11:25 am	Yoga Basics	Level 1	Amanda
11:30-12:45pm	Slow Flow Yoga	Mixed Levels	Lauren
1:00-2:15 pm	★ Vinyasa Vibes	All Levels	Russell
SUNDAY			
9:00-9:50 am	"Log Off" Mindfulness Meditation	All Levels	Kim / Jaime
10:00-11:30 am	Sunday Soul Yoga	Level 1/2	Kim / Jaime
11:00-12:15 pm	Zen Zone Yoga	All Levels	Lucrezia
3:00-4:15 pm	Restorative Relax Deeply	All Levels	Angela A.
4:00-5:15 pm	Vinyasa Flow	All Levels	Nicki
★ \$12 Drop-In Classes			
CLASS SCHEDULE & TEACHERS SUBJECT TO CHANGE			
CLASS DESCRIPTIONS CAN BE FOUND ONLINE AT: WWW.LASVEGASYOGA.COM			

Live Music Yoga!



Ashley Wynn

January 4th

Martin St. Pierre

January 11th



George Henner

January 18th

Tim Catching

January 25th

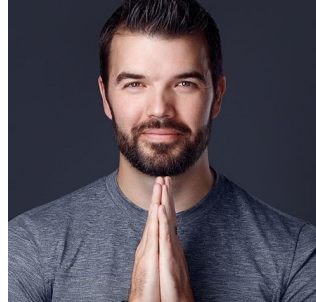


David Romero & Frank Capwell Return to Yoga Sanctuary!

Saturday, Jan 5
2:30pm - 4:30pm
Sunday, Jan 6
1:30pm - 3:30pm



Zach Rehder returns with Conscious Breathing!



Saturday, January 26th
2:30pm - 4:30pm

Sanctuary Wellness Package

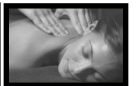
Combining Yoga & Massage for Total Wellness

Mind | Body | Spirit



1 Month Unlimited Yoga

1 Hour Massage*



\$129 / Month
1 Year Contract

\$149 / Month
6 Month Contract

\$169 / Month
1 Month Contract

* Massage credits must be used within 30 days of issuance
* Cannot be rolled over/exchanged

Specials!

20% Off
~
1 Month Unlimited



Table Tai Yoga Massage Training

Sat. February 9th &
Sun. February 10th
12pm - 8pm

Led by Heath & Nicole Reed

200 Hour SmartFLOW Yoga Teacher Training



Feb - May 2019

Register at:
www.lasvegasyoga.com
Pick up a postcard for info

PRICING OPTIONS

Single Yoga Classes	
Adult	\$ 18
Child (8-12)	\$ 12
Local Yoga/Fitness Teacher	\$ 14
Live Music Class	\$ 20

Yoga Class Packages	
5 Class Package (3 month exp)	\$85
10 Class Package (3 month exp)	\$160
15 Class Package (6 month exp)	\$225
20 Class Package (6 month exp)	\$280

Meditation Classes	
Single Class	\$ 14
5 Class Package	\$ 60
10 Class Package	\$ 100
3 month exp on Meditation packages	

Unlimited Yoga Packages		
	Monthly Auto-Pay	Paid In Full
1 Month Unlimited	N/A	\$125
3 Month Unlimited	\$99 / month	\$299
6 Month Unlimited	\$89 / month	\$499
1 Year Unlimited	\$79 / month	\$899

Auto-Pay Terms & Conditions

- \$39 Enrollment fee applied to first payment
- All Contracts will Auto-Renew
- Must cancel 5 days prior to contract expiration to prevent auto-renewal
- No Refunds/Exchanges
- Refer to contract for additional terms/conditions

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