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MONDAY			
9:00-10:30 am	Wake Up & Flow	Level 1/2	Jaime
10:00-11:30 am	Vinyasa Flow	Level 1/2	Sherry
12:00-1:00 pm	Lunchtime Flow	All Levels	Eliza
3:45-5:45 pm	Mysore (* Ashtanga)	Level 2	* Self-Led
4:00-5:15 pm	Vinyasa Flow	Level 1/2	Nicki
5:30-6:30 pm	Candlelight Soul Flow	All Levels	Robin
6:00-7:15 pm	Yoga Basics	Basics	Noé
6:45-7:45 pm	★ Yin Yoga	All Levels	Angela A.
TUESDAY			
7:30-8:30 am	"Yoga & Beyond"	Level 1/2	Angie W.
9:00-10:15 am	Yoga Basics (SmartFLOW)	Basics	Rachael
10:00-11:30 am	Vinyasa Flow	All Levels	Eliza
4:00-5:15pm	★ Vinyasa Vibes	Level 1/2	Nicki
5:30-6:45 pm	Vinyasa Flow	All Levels	Eliza
5:30-6:45 pm	Restorative Relax Deeply	All Levels	Rachael
7:00-8:00 pm	Yoga Basics	Basics	Angela A.
WEDNESDAY			
9:00-10:30 am	Wake Up & Flow	Level 1/2	Nichol
10:00-11:30 am	Vinyasa Flow	Level 1/2	Sherry
12:00-1:00pm	Lunchtime Flow	All Levels	Eliza
3:45-5:45 pm	Mysore (* Ashtanga)	Level 2	* Self-Led
4:00-5:15 pm	Vinyasa Flow	Level 2	Kelsey
5:30-6:30 pm	Yoga Basics for Stress Relief	Basics	Robin
6:00-7:15 pm	★ Ashtanga Improv	All Levels	Kelly
6:45-8:00 pm	Gentle Flow with Yoga Nidra	All Levels	Jaime
THURSDAY			
7:30-8:30 am	"Yoga & Beyond"	Level 1/2	Angie W.
9:00-10:15 am	Wake Up & Flow	Level 1/2	Nichol
10:00-11:30 pm	Vinyasa Flow	All Levels	Joshua
4:00-5:15 pm	Vinyasa Flow	Level 1/2	Angela A.
5:45-6:45 pm	★ Yoga Basics	Basics	Rachel P.
6:00-7:00 pm	Yin Yoga	All Levels	Noé
FRIDAY			
9:00-10:15 am	Gentle Flow (SmartFLOW)	All Levels	Rachael
10:00-11:30 am	Vinyasa Flow	Level 1/2	Noé
4:00-5:00 pm	★ Ashtanga Improv	Level 1/2	Jen
6:00-7:15 pm	Live Music Yoga / Flow & Yin	All Levels	Noé
SATURDAY			
8:30-10:00 am	Vinyasa Flow (SmartFLOW)	Level 2	Rachael
9:00-9:50 am	"Log Off" Guided Meditation	All Levels	Wendy
10:00-11:15 am	Vinyasa Flow	Level 1/2	Eliza
10:15-11:15 am	Yoga Basics	Basics	Amanda
11:30-12:45pm	Slow Flow Yoga	All Levels	Lauren
1:00-2:15 pm	Vinyasa Vibes	All Levels	Russell
SUNDAY			
9:00-9:50 am	"Log Off" Mindfulness Meditation	All Levels	Kim / Jaime
10:00-11:30 am	Sunday Soul Yoga	All Levels	Kim / Jaime
11:00-12:30 pm	★ Zen Zone Yoga	All Levels	Lucrezia
12:45-2:00 pm	Vinyasa Flow	Level 1/2	Joshua
2:30 - 3:45 pm	Restorative Relax Deeply	All Levels	Angela A.
4:00-5:15 pm	Vinyasa Flow	All Levels	Nicki

★ \$12 Drop-In Classes

CLASS SCHEDULE & TEACHERS SUBJECT TO CHANGE

CLASS DESCRIPTIONS CAN BE FOUND ONLINE AT: WWW.LASVEGASYOGA.COM

March Special!

10% off Unlimited Packages Paid In Full*

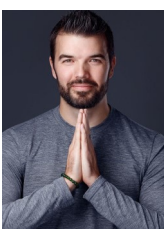
*Excludes 1 Month Unlimited
Limit 1 per student*

David Romero & Frank Capwell return!
Two days of musical bliss!



Saturday, March 14th
Sunday, March 15th
2:30pm - 4:30pm

CONSCIOUS BREATHING FOR Healing and Awakening



Zach Rehder returns to lead Conscious Breathing!

Saturday, March 28th
2:30pm - 4:30pm

Pick up a flyer for more info!


Supply A Teacher Benefit Class

LIVE to GIVE

Bring school supplies to donate to local CCSD teachers and class is free!

April 18th, 2020
2:30pm - 4pm

Live Music Yoga!



High spirits, flowing energy, music full of heart.


Tim Catching plays for a Flow & Yin Vinyasa class.

March 6th
March 20th

Best Selling Author & Yoga Instructor Tristan Gatto comes to Yoga Sanctuary!

3 incredible workshops in 1 great weekend!

April 24th & April 25th



Yin Chakra Melt - Friday
Spinal Reset - Saturday
Yoga Hack: Anatomy - Saturday

Pick up a flyer for more info!

Restorative Yoga with Zen Body Waves
Angela Albuquerque & John & Patti Block



Sunday, March 29th
2:30pm - 4pm
(Last Sunday of every month)

PRICING OPTIONS

Single Yoga Classes	
Adult	\$ 18
Child (8-12)	\$ 12
Local Yoga/Fitness Teacher	\$ 14
Live Music Class	\$ 20

Yoga Class Packages	
5 Class Package (3 month exp)	\$85
10 Class Package (3 month exp)	\$160
15 Class Package (6 month exp)	\$225
20 Class Package (6 month exp)	\$280

Meditation Classes	
Single Class	\$ 14
5 Class Package	\$ 60
10 Class Package	\$ 100
3 month exp on Meditation packages	

Unlimited Yoga Packages		
	Monthly Auto-Pay	Paid In Full
1 Month Unlimited	N/A	\$125
3 Month Unlimited	\$109 / month	\$299
6 Month Unlimited	\$99 / month	\$499
1 Year Unlimited	\$89 / month	\$899

- Auto-Pay Terms & Conditions
- \$39 Enrollment fee applied to first payment
 - All Contracts will Auto-Renew
 - Must cancel 5 days prior to contact expiration to prevent auto-renewal
 - No Refunds/Exchanges
 - Refer to contract for additional terms/conditions