

C  
L  
A  
S  
S  
S  
S  
C  
H  
E  
D  
U  
L  
E

M  
A  
Y  
2  
0  
1  
9

<b>MONDAY</b>			
9:00-10:30 am	Wake Up & Flow	Level 1/2	Jaime
10:00-11:30 am	Vinyasa Flow	Level 1/2	Sherry
12:00-1:00 pm	Lunchtime Flow	All Levels	Eliza
4:00-5:15 pm	Vinyasa Flow	Level 1/2	Nicki
5:30-6:30 pm	Candlelight Soul Flow	All Levels	Robin
6:00-7:15 pm	Yoga Basics	Basics	Noé
6:45-7:45 pm ★	Yang / Yin	All Levels	Angela A.
<b>TUESDAY</b>			
7:30-8:30 am	"Yoga & Beyond"	Level 1/2	Angie W.
9:00-10:15 am	Yoga Basics (SmartFLOW)	Basics	Rachael
10:00-11:30 am	Vinyasa Flow	All Levels	Eliza
4:00-5:15pm ★	Hatha Yoga	Level 2	Raffi
5:30-6:45 pm	Vinyasa Flow	All Levels	Eliza
5:30-6:45 pm	Restorative Relax Deeply	All Levels	Rachael
7:00-8:00 pm	Yoga Basics	Basics	Angela A.
<b>WEDNESDAY</b>			
9:00-10:30 am	Wake Up & Flow	Level 1/2	Nichol
10:00-11:30 am	Vinyasa Flow	Level 1/2	Sherry
4:00-5:15 pm	Vinyasa Flow	Level 2	Rachael
5:30-6:30 pm	Yoga Basics for Stress Relief	Basics	Robin
6:00-7:15 pm	Vinyasa Flow	All Levels	Rachel P.
6:45-8:00 pm ★	Lunar Flow with Yoga Nidra	All Levels	Jaime
<b>THURSDAY</b>			
7:30-8:30 am	"Yoga & Beyond"	Level 1/2	Angie W.
9:00-10:15 am	Wake Up & Flow	Level 1/2	Nichol
10:00-11:30 pm	Vinyasa Flow	All Levels	Joshua*
4:00-5:00 pm	Vinyasa Flow	Level 1/2	Nichol
5:45-6:45 pm ★	Yoga Basics	Basics	Amanda*
6:00-7:00 pm	Yin Yoga	All Levels	Lauren
<b>FRIDAY</b>			
9:00-10:15 am	Gentle Flow (SmartFLOW)	All Levels	Rachael
10:00-11:30 am	Vinyasa Flow	Level 1/2	Noe
11:00-12:15 pm	Hatha Yoga	Level 2	Raffi
4:00-5:00 pm	Ashtanga Improv	Level 1/2	Jen
6:00-7:15 pm	Live Music Yoga / Flow & Yin	All Levels	Kimberly
<b>SATURDAY</b>			
8:30-10:00 am	Vinyasa Flow (SmartFLOW)	Level 2	Rachael
9:00-9:50 am	"Log Off" Guided Meditation	All Levels	Wendy
10:00-11:15 am	Vinyasa Flow	Level 1/2	Eliza
10:15-11:15 am	Yoga Basics	Basics	Amanda
11:30-12:45pm	Slow Flow Yoga	All Levels	Lauren
1:00-2:15 pm	Vinyasa Vibes	All Levels	Russell
<b>SUNDAY</b>			
9:00-9:50 am	"Log Off" Mindfulness Meditation	All Levels	Kim / Jaime
10:00-11:30 am	Sunday Soul Yoga	Level 1/2	Kim / Jaime
11:00-12:30 pm	Zen Zone Yoga	All Levels	Lucrezia
12:45-2:00 pm ★	Vinyasa Flow	Level 1/2	Joshua
2:30 - 3:45 pm	Restorative Relax Deeply	All Levels	Angela A.
4:00-5:15 pm	Vinyasa Flow	All Levels	Nicki
★ \$12 Drop-In Classes		<b>CLASS SCHEDULE &amp; TEACHERS SUBJECT TO CHANGE</b>	
CLASS DESCRIPTIONS CAN BE FOUND ONLINE AT: WWW.LASVEGASYOGA.COM			

## May Special!

**15% Off Any Massage Service**

Provided by **Knead to De-stress**

### *Live Music Yoga!*



Tim Catching

May 3rd & May 24th

Vanessa Lamorte

May 31st



David Romero and Frank Capwell return to Yoga Sanctuary!



**Saturday, June 22nd & Sunday, June 23rd**

Grab a flyer for more info!

**YOGAthletica Sun Sals & Handstands**



Friday & Saturday  
Sept. 20 & 21

5:30 - 7:30 pm

Grab flyer for more info

**Shana Meyerson hosts Mini Yogis Kids Teacher Training**

Saturday, Sept. 21st & Sunday, Sept. 22nd  
12:00 - 5:00 pm



## Sanctuary Wellness Package

Combining Yoga & Massage for Total Wellness

Mind | Body | Spirit



1 Month Unlimited Yoga

1 Hour Massage\*



**\$139 / Month**  
1 Year Contract

**\$149 / Month**  
6 Month Contract

**\$159 / Month**  
No Contract

## PRICING OPTIONS

Single Yoga Classes	
Adult	\$ 18
Child (8-12)	\$ 12
Local Yoga/Fitness Teacher	\$ 14
Live Music Class	\$ 20

Yoga Class Packages	
5 Class Package (3 month exp)	\$85
10 Class Package (3 month exp)	\$160
15 Class Package (6 month exp)	\$225
20 Class Package (6 month exp)	\$280

Meditation Classes	
Single Class	\$ 14
5 Class Package	\$ 60
10 Class Package	\$ 100
3 month exp on Meditation packages	

Unlimited Yoga Packages		
	Monthly Auto-Pay	Paid In Full
1 Month Unlimited	N/A	\$125
3 Month Unlimited	\$109 / month	\$299
6 Month Unlimited	\$99 / month	\$499
1 Year Unlimited	\$89 / month	\$899

Auto-Pay Terms & Conditions	
•	\$39 Enrollment fee applied to first payment
•	All Contracts will Auto-Renew
•	Must cancel 5 days prior to contract expiration to prevent auto-renewal
•	No Refunds/Exchanges
•	Refer to contract for additional terms/conditions